

CANADIAN F/ACT CONFERENCE

Sept 9-11, 2024

Camp Saulaine, 5813 20th Sideroad, Utopia, Ontario

One hour drive from the Toronto airport. Attend in-person or virtually.

PROGRAM SCHEDULE

The beautiful camp opens Sunday Sept 8 at 5 PM

5:00 - 9:00 PM Registration (light supper available)

Session Locations

Keynotes: Barn

Breakout sessions: Location A - At the Rec Room
Location B - Barn
Location C - Chapel/Tent

Posters: Lounge

Monday Sept 9

(7:30 AM bus pick-up at designated conference hotels in Barrie)

8:00 - 10:00 Breakfast & Registration in the cafeteria

10:00 - 11:00 Keynote I

**Benchmarking ACT Service Recipient Circumstances and Experiences:
Results of the National USA ACT Study**

Lorna Moser

11:15 - 12:15 Break-out Sessions I

- A. **i) Evaluation of the effectiveness of an Assertive Community Treatment program in Avilés, Asturias, Spain in the period between 2013 and 2023**
Juan José Martínez Jambrina, Laura Perez Gómez, Alejandra Reyes Cortina
- ii) Patients' Perceptions of ACT interventions**
Juan José Martínez Jambrina, Laura Perez Gómez, Alejandra Reyes Cortina

- B. **Preliminary needs-based planning, implementation plan, evaluation and benefit cost analysis of ACT services for BC**
Daniel Vigo

C. **i) Climate and Heat Impacts for People with SPMI**

Michaela Beder

ii) ACT as Crisis First Responders: Core Features and Considerations

Christopher Fournier

12:15 - 2:00 Lunch & Networking

2:00 - 5:00 **Global ACT Association (GACTA): Introduction and Overview of ACT and FACT Worldwide**

Helle Thorning, Luis Lopez

5:00 - 7:00 Supper

(7:15 bus return to conference hotels in Barrie)

7:00 - 9:00 **Sing-along with Eric Kidd**

9:00 - 11:00 Campfire

(10:30 bus return to conference hotels in Barrie)

Tuesday Sept 10

(7:30 AM bus pick-up at designated conference hotels in Barrie)

8:00 - 9:00 Breakfast provided

9:00 - 10:00 Keynote II

Spirituality in ACT: A plea for consistent, coherent, and ongoing inclusion

Nigel Haggan, Kendall Atterbury, Lou Demerais, Courtney Devane, Brendan Kelly

10:15 - 11:15 Break-out Sessions II

A. **i) Dual pathology in patients included in Avilés, Spain ACT**

Juan José Martínez Jambrina, Laura Perez Gómez, Alejandra Reyes Cortina.

ii) Assertive Community Treatment in Northern British Columbia:

Rural Concurrent Disorders Care

Alanna Chretien, Sherrie Massey

B. **Employment as a Pathway to Recovery: Optimizing the ACT Team's Performance to better align with the Individual Placement and Support (IPS) Model**

Penny Liles, Ariel Reynolds

C. What is the Difference between ACT and Flexible ACT?

Why shared understanding matters...

John Maher

11:30 - 12:30 Break-out Sessions III

A. Lessons from Loss: The Importance of Early Intervention and Holistic Care in Supporting a Loved One with Concurrent Disorders

Helen Davies

B. The Dilemma of People Experiencing Borderline Personality Disorder (BPD) on Assertive Community Treatment (ACT) Teams: A Scoping Literature Review: Can ACT help people with BPD?

Samuel Law, Michaela Beder

C. Is Lipoprotein (a) a reliable new screening marker for CV risk in patients with Serious Mental Illness?

Gaurav Mehta, Shweta Mehta, Nehal Lubana, Sahil Lubana, Sonia Singh

12:30 - 2:00 Lunch

2:00 - 3:00 Keynote III

FACT as Part of an Ecosystem of Mental Health. How to Adopt, Adapt and Improve the FACT-Model in an Ever-Changing Context?

Koen Westen

3:15 - 4:15 Break-out Sessions IV

A. Understanding and Addressing the Needs of Peer Specialists and Team Leads on ACT Teams

Allison Dunning, Finch James-Lively, Geneen Kowaski

B. ACT and FACT in Norway - Implementation and Research Results

Hanne Clausen, Anne Landheim

C. Integrating Cognitive Behaviour Therapy for Psychosis into Front Line Treatment

Candice Babbey

4:30 - 5:30 Break-out Sessions V

A. Encouraging and Supporting ACT Peer Specialists to Maximize their Role and Utilize their Experiences in Recovery

Jacob Schonberg, Stacy Smith

B. **i) Re-envisioning Assertive Community Treatment in British Columbia: The ACT Advanced Practice**

Courtney Devane, Lori Wagar, Daniel Vigo, Laurie Low, Ruby Wong, Pauline Karch, Mariah Quiddam

ii) Client Flow on ACT

Dalete Karst-Yaacov, Monica Meza Opazo

C. **i) Conceptualizing the role of Clinical Psychologist on Flexible Assertive Community Treatment Teams**

Kristin Horsley, Susan Okigbo, Kerry McCloskey, Tom Korosi, Kate Baker

ii) A Collaborative Approach to Supporting Caregivers

Katrina Drysdale, Daniel Flood

5:30 - 6:30 Supper

6:30 – 7:00 **“We Remember”** (client memorial)

(7:15 bus return to conference hotels in Barrie)

7:15 - 9:00 **“AGT”- ACT Got Talent** (bring your instruments)

9:00 – 11:00 Campfire

(10:30 bus return to conference hotels in Barrie)

Wed Sept 11

(7:30 AM bus pick-up at designated conference hotels in Barrie)

8:00 - 8:45 Breakfast

8:45 - 9:45 Keynote IV

Essential Elements of Forensic Assertive Community Treatment

J. Steven Lamberti

10:00 - 11:00 Break-out Sessions VI

A. **A focused review of current literature on Step-Down and Discharge issues in ACT**

Samuel Law, Shankari Sivarajasingam, Jaden Peng

B. **i) Implementing Community-based Forensic Services: Introducing the Pinel Institute Forensic ACT Team**

David Pelosse

ii) The Clinical Specialists of the Pinel Institute Forensic ACT Team

Alexandrine Gauvin, Alexis Doucet-Poirier

- C. **Family Engagement for Better Outcomes - Personal Stories from Families Supporting Loved Ones**
Shirley Chan, Helen Davies, Nigel Haggan

11:15 - 12:15 Break-out Sessions VII

- A. **Dangerousness & Risk Management**
John Maher
- B. **Psychiatric Treatment of High-Risk Offenders: The Secure Treatment Unit**
Andrea Kati, Amber Hart-Bowland, Jenna Mackenzie, Jane Benson, RN
- C. **Balancing Act: Navigating Housing Concerns with Individuals Living with Severe Mental Illness**
Torie Tann, Nancy Williams, Leah Appell

12:15 - 1:15 Lunch

1:15 - 2:15 **Discipline Specific Meetings**

2:15 – 2:45 **Awards & Closing.**

(3:00 bus return to conference hotels in Barrie)

3:00 - 5:00 Play, pack-up & hit the road

Deadline for Registration: Sept 1, 2024

Registration Form below

Thank you to our supporter:



Accommodations:

On-site accommodation (limited availability of 130 beds, first come basis):

- I. Shared room: **\$75 CDN in total per person for 3 nights**
 - 3-8 people per room
 - Bunk beds
 - You need to bring your own bedding (e.g., sleeping bag & pillow)
 - All of the lovely rooms have electricity.
 - Washrooms are communal.
 - You may register as a group and every effort will be made to have you housed in the same or nearby room as your colleagues. Otherwise please take the opportunity to meet new friends.

- II. **Camping** (bring your own tent or trailer; no hydro): **FREE**

- III. **Off-site** accommodation:

Economically priced off-site hotels on Hart Drive in Barrie at your own expense (rates starting at \$114/night double, 15 minutes away, free bus pick-up to and from conference 3 times per day):

- Monte Carlo Inn, 81 Hart Dr.; tel. 705-734-0070
- Comfort Inn, 75 Hart Dr.; tel. 705-722-3600 (ask for OAAF rate)
- Days Inn, 55 Hart Dr.; tel. 705-734-9500
- Best Western Plus Barrie; 35 Hart Dr.; tel. 705-721-4848 (ask for "Hospital rate - OAAF conference")

If you are driving yourself or only attending for a day, there is lots of free on-site parking.

Food & Drink

All meals provided. Bring your own special snacks. We will do our best to accommodate any special diets or allergies. Alcohol for personal consumption is allowed on site.

CME

Application is being made for Royal College MOCOMP accreditation.

Deadline for Registration: Sept 1, 2024

Registration Form below

Canadian F/ACT Conference Registration Form

Pre-registration is required for all participants.

Name: _____

Team name: _____

Team city: _____

Province/State: _____

Country: _____ ACT Staff _____ FACT Staff _____

Email address: _____

(please print email address very clearly)

I need shared cabin accommodation on-site: _____ **\$75 CDN for all 3 days** _____

Cabin preference: Women only: _____ Men only: _____ Any gender: _____

If possible, I would like to share accommodation with (name all persons in a group):

I am bringing my own tent/trailer and camping for free: _____

I am arranging my own hotel accommodation off-site in Barrie on Hart Drive: _____

Special food needs: Vegetarian _____ Dairy free _____ Gluten Free _____

Kosher _____ Hallal _____ Food Allergy (specify): _____

Individual in-person per day rate (includes food):

\$100 CDN per day: Mon _____ Tues _____ Wed _____

Individual in-person registration (all 3 days, includes food): **\$250 CDN** _____

Group of 4 or more (all 3 days, includes food): **\$225 CDN each** _____

Individual Live Virtual Registration (includes access to

recorded sessions after the conference)

\$150 CDN _____

I am paying \$ _____ by e-transfer to: sbarrer@cmhastarttalking.ca

I am mailing a cheque for \$ _____

Cheque from my agency/hospital being mailed separately. Amount: \$ _____

Mail cheques to: Wendy Black, 65 McDougall Dr., Barrie, ON L4N 7H6

Please make cheque payable to the: **Ontario Association for ACT & FACT**

Please email completed form to: wblack@cmhastarttalking.ca